



**When** Saturday, May 12, 2012

8:30 AM - Kids Fun Run  
9:00 AM - 5K

**Where** *Coca-Cola* Park

1050 Iron Pigs Way  
Allentown, PA 18109

**Cost** Fun Run: \$15/person

5K Run-: \$25/person

Mail-In Registration payable to:  
The Salvation Army Children's Services  
425 Allentown Drive, Suite 1  
Allentown, PA 18109

*Race benefits services provided to abused  
and neglected children in the Lehigh Valley.*

# 5K & Kids Fun Run

Great run ■ Awesome "Inside the Ball Park" Finish T-Shirts ■ Age Group Awards ■ Cash Prizes

*All-American Style Post-Race Refreshments & Live Entertainment Provided*

A 5K course with some rolling hills and a fabulous finish inside **Coca-Cola Park**

Timing provided by Pretzel City Sports

Water stations along the course

**Pre-Race Packet Pick-Up**

Starting Friday, May 11, from 12 noon-8 pm at The Salvation Army Children's Services Office (Highly Recommended) Phone (610) 821-7706

**Race Day Packet Pick-Up**

Saturday, May 12 from 7:30-8:30 am @ Coca-Cola Park

Online registration available through [active.com](http://active.com).

Detach and return this portion.

## ENTRY FORM

Name: \_\_\_\_\_ Age on race day: \_\_\_\_\_ Racing in:  5K  Fun Run

Street: \_\_\_\_\_ Phone: \_\_\_\_\_ Sex:  M  F

City / State / Zip: \_\_\_\_\_ Email: \_\_\_\_\_

**Consent and Waiver:** I hereby declare myself in good physical condition and able to run or walk in the 2012 Rock N' Run 5K or Fun Run. I do hereby waive and release the individuals associated with this event, its agencies, representatives, successors, and assigns from any claims for damages of any nature, including personal injury that I may incur as a result of my participation.

Print name: \_\_\_\_\_ Signature: \_\_\_\_\_

Date Signed: \_\_\_\_\_ Signature of legal guardian if participant is under 18 years of age: \_\_\_\_\_

T-Shirt Size (Circle one) Youth: S M L Adult: S M L XL XXL (Please use separate entry form for each 5K or Fun Run participant.)

Age Divisions: 15 & under; 16-19; 20-24; 25-29; 30-34; 35-39; 40-44; (40+ Masters Level); 45-49; 50-54; 55-59; 60-64; 65-70; 70+